

...and
...Well, in
...being sad is a
...tion to the corrup-
...and evil
...to prevalent in
...tries. It's a
...onse to the suf-
...h is unavoidable
...is personal sick-
...ss of love ones,
...s a loss of faith.
...Waters recently
...s a coping which
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...commenting
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...ally, I had an
...at Waters might
...hinting at. We all
...I stated in our
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...natural process,
...ually natural is
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...with our lives in
...frame of mind.
...s is still in our
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...ative while dis-
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...ou ask even the
...ressed person
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...t shining in the
...hen that person
...If he says to be
...ing or he is evil,
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...times that desire
...he remains con-
...Some would call
...or God at work.
...Others would
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...ur death we will
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...House recently
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...a country. Pieta
...a non-profit
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...sualised treat-
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...have suicidal
...who participate
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...of Pieta House,
...man, said her

called on the government to get its act together and tackle this issue. She pointed out that if the government gave suicide the same attention and resources it gives to death on our roads, then this would make a big difference to communities around Ireland. She said politicians pay lip service to this mental health issue during elections and fail to follow up on their promises when elected.

The link between suicide and alcoholism is well known. In Ireland many of us have a very bad relationship with alcohol and it wouldn't surprise me at all if our suicide rate were to decrease in tandem with an improved relationship with alcohol. The Swiss psychiatrist Carl Jung was excellent on this subject and he influenced Alcoholics Anonymous. In January 1961 Jung wrote a very important letter to Bill Wilson of AA. In that letter Jung discussed a conversation he had with Roland H in the early '30s. Roland H was American businessman Rowland Hazard and he was involved in the chain of events which led to the foundation of AA. Rowland Hazard's struggles with alcoholism led to him seeking Jung's assistance. Jung's marvellous words in his January 1961 letter are very relevant for our own era which has seen the rise of atheism and scientism; which is so dominated by science and technology; and which is infiltrated by a capitalist, blinkered ethos. It is worthwhile reprinting the whole of that letter:

"Dr Mr Wilson,
Your letter has been very welcome.

I had no news from Roland H anymore and often wondered what has been his fate. Our conversation which he has adequately reported to you had an aspect of which he did not know. The reason that I could not tell him everything was that those days I had to be exceedingly careful of what I said. I had found out that I was misunderstood in every possible way. Thus I was very careful when I talked to Roland H. But what I really thought

guage: the union with God. (1)

How could one formulate such an insight in a language that is not misunderstood in our days?

The only right and legitimate way to such an experience is, that it happens to you in reality and it can only happen to you when you walk on a path, which leads you to higher understanding. You might be led to that goal by an act of grace or through a personal and honest contact with friends, or through a higher education of the mind beyond the confines of mere rationalism. I see from your letter that Roland H has chosen the second way, which was, under the circumstances, obviously the best one.

I am strongly convinced that the evil principle prevailing in this world, leads the unrecognised spiritual need into perdition, if it is not counteracted either by a real religious insight or by the protective wall of human community. An ordinary man, not protected by an action from above and isolated in society cannot resist the power of evil, which is called very aptly the Devil. But the use of such words arouse so many mistakes that one can only keep aloof from them as much as possible.

There are the reasons why I could not give a full and sufficient explanation to Roland H but I am risking it with you, because I conclude from your very decent and honest letter, that you have acquired a point of view above the misleading platitudes, one usually hears about alcoholism.

You see, Alcohol in Latin is "spiritus" and you use the same word for the highest religious experience as well as for the most depraving poison. The helpful formula therefore is: spiritus contra spiritum.

Thanking you again for your kind letter.

I remain
Yours sincerely
CG Jung.

(1) "As the hart panteth after the water brooks, so panteth my soul after thee, O God." (Psalm 42:1).

actually genuinely experiencing true love:
Real or True Love
I think if you find yourself in love with someone who does not love you, be gentle with yourself. There is nothing wrong with you. Love just didn't choose to rest in the other person's heart. If you find someone else in love with you and you don't love him or her, feel honoured that love came and called at your door, but gently refuse the gift you cannot return. Do not take advantage, do not cause pain. How you deal with love is how you deal with you, and all our hearts feel the same pains and joys, even if our lives and ways are different. If you fall in love with another, and he or she falls in love with

even if only for a moment. As usual a story from My Nana Scully's prayer book might help
The Kind of Love I want in my life!
"It was approximately 8.30 am, on a busy morning when an elderly gentleman in his eighties arrived to have stitches removed from his thumb. He stated that he was in a hurry as he had an appointment at 9.00 am. I took his vital signs and had him take a seat. I knew it would take more than an hour before someone would be able to attend to him. I saw him check his watch anxiously for the time and decided to evaluate his wound since I was not busy with another patient. On examination, the wound

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Public Notices

epa
Environmental Protection Agency Act as amended.
Notice under Regulation 20 of the EPA (DPC) (Licensing) Regulations, 2013

William Grant & Sons Irish Manufacturing Limited, 8th Floor Block D, Lough Court, Harcourt Road, Dublin 2, located at Ballard and Clonsilla, Tullamore, County Offaly. National Grid Reference E7312 82223, Reg. No. P0790-01, applied to the Agency for an IPC licence. On the 15 April 2014 the Agency proposed to grant a licence, subject to conditions, for Class 7.3.2 Distilling. In installations where the production capacity exceeds the equivalent of 1,500 tonnes per year measured as pure alcohol, not included in paragraph 7.3. An objection by any party must state the grounds for objection and be accompanied by the appropriate fee and be received online at www.epa.ie or in the Office of Compliance, Licensing & Resource Use, EPA Headquarters, P.O. Box 3008, Johnstown Castle Estate, County Wexford by 5pm on 12/05/2014. Any person making an objection, may request an oral hearing of the objection. A request for an oral hearing must be accompanied by the appropriate fee and be received online at www.epa.ie or in writing, at the above address by the 12/05/2014. The proposed licence may be inspected at the above address (Tel: Lo Call 1890 33 55 99 or 053-9160600) or obtained there on payment of a fee of €1.00. It is also available to view on the Agency's website www.epa.ie.

epa
Environmental Protection Agency Act 1992 as amended.
Notice under Regulation 20 of the EPA (Industrial Emissions) (Licensing) Regulations, 2013

Glanmore Limited, 19 High Street, Ruzmore, County Offaly, located at Donnylure Energy Centre, Donnylure, Tullamore, County Offaly. National Grid Reference 22518 22024, Reg. No. W0282-04, applied to the Agency for an Industrial Emissions licence. On the 16 April 2014 the Agency proposed to grant a licence, subject to conditions, for Class - disposal or recovery of waste in installations with a capacity exceeding 75 tonnes per hour, and recovery, or a mix of recovery and disposal, of non-hazardous waste with a capacity exceeding 75 tonnes per day involving one or more of the following activities, (other than activities to which the Urban Waste Water Treatment Regulations 2001 (S.I. No. 254 of 2001) apply):
(i) pre-treatment of waste for incineration or co-incineration.
An objection by any party must state the grounds for objection and be accompanied by the appropriate fee and be received online at www.epa.ie or in the Office of Compliance, Licensing & Resource Use, EPA Headquarters, P.O. Box 3008, Johnstown Castle Estate, County Wexford by 5pm on 13 May 2014. Any person making an objection, may request an oral hearing of the objection. A request for an oral hearing must be accompanied by the appropriate fee and be received online at www.epa.ie or in writing, at the above address by the 13 May 2014. The proposed licence may be inspected at the above address (Tel: Lo Call 1890 33 55 99 or 053-9160600) or obtained there on payment of a fee of €1.00. It is also available to view on the Agency's website www.epa.ie.

Offaly County Council

ROADS ACT 1993 NOTICE OF INTENTION

Temporary Closing of ro Birr Electoral Area, Co

The Council gives notice of its intention to close, temporarily the Section 75 of the Roads Act 1993 (S.I. 197 of 1993) and the following are the roads that will be closed due to surface works. The roads shall be closed a number of hours for part of the folk 31st October 2014.

- L-7017-2 Cogran Cross to Ballymacoolaghan.
Alternate Route: From Cogran cross to Lusmagh on L-7017-2.
- L-7017-2 Lusmagh to Victoria Lock.
Alternate Route: From Lusmagh to Cogran Cross on the L-7017-2.
- L-70152-2 Clondalieu Lane.
Alternate Route: from Clondalieu to Ballaghanether on th Turnersglaster on the L7015-1, from Turn
- L-8035-1 Ballybeg to Aghadoulgas
Alternate Route: From Aghadoulgas to the Forge cross, in roads on the N62, from the Fountain cre
- L-80131-1 Franckfort Lane.
• L-80141-1 Derrykeel Lane.
• L-8026-1 Aghagurty Bridge to Newtown.
Alternate Route: From Aghagurty to Green on the L8000 R421, from Ballybritt to Newtown on th Lissaniem Lane.
- L-8012-3
Alternate Route: From Brodagh to Tullamore on the R421, f L8010, from Aghacan church to Brown
- L-8005-1 Killavilla to Woolten Mills.
Alternate Route: From Killavilla to Rosoun on the L4001- L8007-1, from Gorravn to the Woolten I
- L-4001-1 Killavilla to Rosoun
Alternate Route: From Killavilla to Dungar on the L4002- L4003-1, from Fancroft to Ballybritt on l
- L-4012-2 Gortreen to Keeloge Bridge
Alternate Route: From Keeny's cross to Shirrone Village a Milltown on R491-1, from Milltown to Ke
- L-4018-1 Shirrone to Carrigt Beg.
Alternate Route: From Shirrone to Keeny's cross on R491, from Toora to Broods cross on the L4022 the L8032-1.

The following are the roads that will be closed due to surface works. The roads shall be closed a number of days for part of the folk 31st October 2014.

- R-491 Mountheaton to County Bounds.
Alternate Route: From Mountheaton towards Spruce Hill Hill to Timeighter.
- R-421 Kinnitty village to Cemetery.
Alternate Route: From Doghamore to The Pass Cross on village on the L7003-2.
- R-440 Springfield Bridge to Syngfield.
Alternate Route: From Syngfield roundabout to Fortel on cross on L4035-1.
- L-30033-1 Booninag Little to Booninag Big.
Alternate Route: From Booninag Little to traffic lights at Lights to roundabout on Eden road, form
- L-8034-1 Goldenrove to Old Mill (County Bounds)
Alternate Route: From county bounds to Coonagh, from l
- L-8010-2 Tullane to Aghacan Church.
Alternate Route: From Tullane to Brodagh on R421, from from Brownhills to Aghacan Church on
- L-4009-1 Brossa towards The Fishfarm County Bo
Alternate Route: From Brossa village to N52 on L4011-1, from N62 Millgar to Leughanavest.
- L-8024-546 Ballybritt - Ballyphiggin.
Alternate Route: From Ballybritt to Fancroft on the R421, from Dungar to Killavilla on the L4002-2
- L-4023-3 Resedehid to Silverhill.
Alternate Route: From Ballinlough to Coole on R445, from
- L-8019-1 Glaslough More to Coolebeg.

Dermuid Wins Top Prize In Texaco Competition

DERMUID MCKENNA, old student at Presentation School, has won first prize in the 14-15 years age category in this year's 60th Texaco Children's Art Competition for his self-portrait. Dermuid will receive a prize of EUR150, which will be presented to him at a ceremony taking place in Dublin on Monday. The Gallery work will be exhibited in the Presentation Gallery at the Presentation School until Monday, 10th October. The Gallery



Proud winner: Dermuid McKenna (14), a student at Killina Presentation Secondary School, Tullamore, is a winner in this year's 60th Texaco Children's Art Competition. He is pictured with his prize-winning work entitled 'Me', with his art

It pays to advertise

Comptroller
BIRR
TOWN COUNCIL

BIRR TOWN COUNCIL
NOTICE OF COMMENCEMENT OF AUDIT

Notice is hereby given that the audit of accounts of the above named Local Authority for the financial year ended on the 31st December 2013 will be commenced by Ms. Fiona Clancy, Local